



# PHOEBE NEEDLES CENTER, INC.

732 Turners Creek Road  
Callaway, Virginia 24067-5814  
(540) 483-1518  
PNCenter@gmail.com  
www.PhoebeNeedles.org

## “AN EXERCISE IN LETTING GO”

January 10, 2023

10:00 a.m. to 12:00 p.m.



Danielle Alexander of Good Samaritan Hospice will present “An Exercise in Letting Go,” -- a program about dealing with terminal illness. Through this exercise, Ms. Alexander walks participants through the last three months of life as they prepare for their own death. Though this exercise can be emotional and heavy, it is designed to create an understanding and empathy for what terminally ill patients go through at the end of life. She has presented this program to various groups including resident physicians, nursing schools, and church leaders.

Danielle Alexander started with Good Samaritan Advanced Illness Care - Hospice as a family support volunteer over 12 years ago while she was employed with Botetourt County Public Schools. She came to work at Good Sam in June 2012 in the Medical Records Department and over the last 10 years has held positions as Assistant Volunteer Coordinator, Community Liaison, Senior Liaison and now holds the title of Outreach Coordinator. Danielle has a passion for educating our community on what hospice is and what it is not. By taking the fear out of the word “hospice” Danielle hopes that people will truly understand the benefits of early referrals and the resources that are available, to not only patients, but the entire family. Danielle lives in Botetourt with her husband and has 3 grown children and 1 grandson.

PLEASE  
REGISTER  
AND PAY IN  
ADVANCE!



Please join us for a great program and fellowship. Invite a friend!

“AN EXERCISE IN LETTING GO”

January 10, 2023

(To register, please complete this form and return it to the Center by Friday, January 6th.)

Name \_\_\_\_\_ Spouse/Guest \_\_\_\_\_  
(Please include the Rev., Dr., Mr., Mrs., Ms., Miss)

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Daytime Telephone Number \_\_\_\_\_ Email \_\_\_\_\_

Circle One: I have special dining requirements and will email PNCenter@gmail.com to make arrangements. YES NO

Unless otherwise informed, Phoebe Needles Center, Inc. will consider your registration as permission to use your photograph if it appears in video or still photos including our web site unless otherwise requested.

## IMPORTANT INFORMATION!

To make a reservation, please return the form at the bottom of the first page, call the office at (540)483-1518, or email [PNCenter@gmail.com](mailto:PNCenter@gmail.com). Please make your reservations no later than the Friday before the event.

You are welcome to arrive at McCauley Hall for a coffee social at 9:30 a.m. prior to the event. The event will start at 10:00 a.m. Lunch starts at approximately 12:00 p.m. The cost of the program plus lunch is \$12.00 for members and \$20.00 for non-members. You **MUST** call ahead and make a reservation to ensure we prepare enough lunch. If you have a food allergy or other special dining need such as vegan, vegetarian, gluten-free, low-salt or other requirements, please notify us at the time of your registration. We will try to provide a meal that meets your needs; however, we may not be able to honor all requests. Special requests may be emailed to [PNCenter@gmail.com](mailto:PNCenter@gmail.com).



You may pay in advance using [PayPal](#) on our website: [www.PhoebNeedles.org](http://www.PhoebNeedles.org)



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