



PHOEBE NEEDLES CENTER, INC.

732 Turners Creek Road
Callaway, Virginia 24067-5814
(540)-483-1518
PNCenter@gmail.com
www.PhoebeNeedles.org

“HAPPINESS”

August 9, 2022

10:00 a.m. to 12:00 p.m.



Dr. Martha Haley-Bowling will present “Happiness.”

What is the difference between joy and happiness? Why is happiness important to well-being? What are some little things you can do each day to be happier in your life?

Dr. Martha Haley-Bowling is a licensed clinical social worker in the Commonwealth of Virginia. She is also the Program Coordinator and Associate Professor of Social Work at Ferrum College. A Ferrum College alumna, she received her B.S.W. in 1990, followed by an M.S.W. from Virginia Commonwealth University and her Ph.D. from Capella University. She is a

clinician with Radford Counseling Group, where she teaches anger management and counsels sex offenders and substance abusers. She is married to Paul Bowling and has two children and three grandchildren.

“Happiness comes in a million forms...We need the great and memorable...But we need the small and silly too: rain on the window, mushrooms in the grass, double rainbows, home-baked bread...moonlight on meadows, a long-sought book discovered, stars. All things that lift the heart and make the dullest day worth living.” ~ Pam Brown, To Someone Special, Wishing You Happiness, 2008

PLEASE
REGISTER
AND PAY IN
ADVANCE!



Please join us for a great program, fellowship, and invite a friend!

“HAPPINESS”

August 9th

(To register, please complete this form and return it to the Center by Friday, July 8th)

Name _____ Spouse/Guest _____
(Please include the Rev., Dr., Mr., Mrs., Ms., Miss)

Address _____ City _____ State _____ Zip Code _____

Daytime Telephone Number _____ Email _____

Circle One: I have special dining requirements and will email PNCenter@gmail.com to make arrangements. YES NO

Unless otherwise informed, Phoebe Needles Center, Inc. will consider your registration as permission to use your photograph if it appears in video or still photos including our web site unless otherwise requested.

IMPORTANT INFORMATION!

To make a reservation, please return the form at the bottom of the first page, call the office at (540)483-1518, or email PNCenter@gmail.com. Please make your reservations no later than the Friday before the event.

You are welcome to arrive at McCauley Hall for a coffee social at 9:30 a.m. prior to the event. The event will start at 10:00 a.m. Lunch starts at approximately 12:00 p.m. The cost of the program plus lunch is \$10.00 for members and \$18.00 for non-members. You **MUST** call ahead and make a reservation to ensure we prepare enough lunch. If you have a food allergy or other special dining need such as vegan, vegetarian, gluten-free, low-salt or other requirements, please notify us at the time of your registration. We will try to provide a meal that meets your needs; however, we may not be able to honor all requests. Special requests may be emailed to PNCenter@gmail.com.



You may pay in advance using [PayPal](#) on our website: www.PhoebNeedles.org



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