



THE PHOEBE NEEDLES CENTER

WHAT'S COMING IN 2017

January 26 -- 5:00 - 7:00 p.m.
What We Eat:
How to Make Better Choices

February 9 -- 5:00 - 7:00 p.m.
Prep, Cook & Serve a Proportion Meal

February 23 -- 5:00 - 7:00 p.m.
Organizing Your Home: Getting Started

March 9 -- 5:00 - 7:00 p.m.
Filing Your Income Taxes:
What You Should Know

March 23 -- 5:00 - 7:00 p.m.
Emergency Essentials:
What to Have in Your Car & Home

April 6 -- 5:00 - 7:00 p.m.
Automobile Basics:
Oil, Tires, Jumper Cables, & Breakdowns

April 20 -- 5:00 - 7:00 p.m.
Computer Basics:
Using Microsoft Word and Email

May 11 -- 5:00 - 7:00 p.m.
Meditation Through Art

May 25 -- 5:00 - 7:00 p.m.
Social Media: Effects on Children

The Phoebe Needles Center will be offering new programs this year. These programs will be offered for at no charge every other Thursday at the Phoebe Needles Community Center in Callaway, Virginia starting January 26th. We offer special parking behind the Phoebe Needles Community Center. Come join us for a cup of coffee and an education program. The education programs will be on a variety of topics from "What We Eat", to "Resume Writing Workshop", and "Social Media: Effects on Children." These programs will be great for a variety of people who want to learn about car maintenance, taxes and meditation through art. Please note that some classes may only last an hour.

If you wish to join us for one of these programs, please RSVP to Chelsea Wingate, Director of Programs, no later than one week before the program. You may RSVP by email, chelseanwingate@gmail.com or by phone, 540-483-1518.

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