

Summer Camp @ Phoebe Needles "What to Bring to Camp"

Items to Bring	All Camps	Outdoor Expedition	Rock Climbing	Nature	Outreach
Older/Comfortable Clothing	X	X	X	X	X
Long Sleeve Shirt	O	X	X	O	O
Tennis Shoes	X	X	X	X	X
Sturdy Shoes or Hiking Boots		B	X	X	X
Raincoat or Poncho	X	X	X	X	X
Towel	X	X	X	X	X
Sleeping Bag or Sheets and a pillow	X	C	C	X	X
Sleeping Pad		O	O		
Swimming Suit	X	X	X	X	X
Sunscreen (Lotion-no oil or spray)	X	X	X	X	X
Insect Repellant	X	X	X	X	X
Toilet Articles	X	X	X	X	X
Flashlight	X	X	X	X	X
Bible/ Prayer Book	O	O	O	O	O
Musical Instruments	O	O	O	O	O
Camera	O	O	O	O	O
Journal	O	O	O	O	O
Chapstick	O	O	O	O	O
Hat (for sun)	X	X	X	X	X
Polyprosweater		X			
Small Towel		X			
Quick-dry towel		O	O		
Bandana		X	X		
Long Pants		X		X	
Pocket Knife		Do	Not	Bring	
Binoculars				O	
Leather Work Gloves				O	O
Work Clothes		D			X
Climbing Shoes			O		

X= Item you need to bring

O= optional items

B= one pair for hiking/backpacking, one for caving and getting wet

C= sleeping bag suitable for outdoor use

D= shoes and WARM clothing you are willing to throw away after caving